

# Phoenix Behavioral Counselor

**Paul Perales, LCSW**

Clinical Director of Counseling



**Paul Perales is a Licensed Clinical Social Worker and the Clinical Director of Counseling at Phoenix.**

Paul works with children, teens, adults, couples, and groups, specializing in general mental health issues, men's issues, BIPOC and sexual

identity development, trauma, and substance abuse disorders.

His approaches to therapy are client-centered, to achieve identified goals in life, and narrative to change a client's problem-saturated story into one more aligned with the vision of a life without the problem.

Using person-in-environment and systems theory, Paul helps individuals understand their interactions with the world around them. He also uses cognitive behavioral therapy with a trauma focus, emotionally-focused couples therapy, solution-focused therapeutic strategies, and motivational interviewing techniques for substance abuse.

Paul has a Master's degree in Clinical/Social Work and a Certificate in Substance Abuse Counseling.

In addition to his love of social work, Paul also enjoys spending time with his family especially outdoors, swimming, biking, running, and kayaking.

**Call for an Appointment**  
**(920) 657-1780**



**PHOENIX**

Behavioral Health Services LLC

3120 Memorial Dr., Two Rivers  
[www.phoenixbhc.com](http://www.phoenixbhc.com)

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## Education

Master's Degree in Clinical/Social Work  
Substance Abuse Counseling Certification  
Bachelor's Degree in Sociology  
and Anthropology

## Counseling Approaches

Client-Centered Narrative Therapy  
Person-In-Environment Systems Theory  
Trauma-Focused Cognitive Behavioral Therapy  
Emotionally-Focused Couples Therapy  
Solution-Focused Therapy  
Motivational Interviewing Techniques for  
Substance Abuse

## Competencies & Interests

Children, Teens, Adults, Couples, Groups  
General Mental Health Issues, Men's Issues  
BIPOC (Black, Indigenous, People of Color) &  
Sexual Identity Development  
Trauma & Substance Abuse Disorders

Paul Perales is available for in-office visits  
at the Green Bay location as well as by way  
of video conferencing (Telehealth).



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