

Phoenix Behavioral Counselor

Dr. Megan Lyons

PsyD, Licensed Clinical Psychologist



Megan Lyons is a Licensed Clinical Psychologist

providing psychological testing and individual and group therapy for teens and adults of all ages.

Her therapeutic interests include helping those

struggling with major life transitions, questions of personal identity, anxiety, depression, post-traumatic stress, issues related to military service, chronic illness, care-taking of others with chronic illnesses, bereavement, impacts of adoption, learning disabilities, dementia, and other challenges in neurocognitive functioning.

Dr. Lyons carefully considers how all of the aspects of an individual's life impact one another and tailors all of her interventions to each person's unique needs, preferences, and life circumstances. She utilizes Acceptance and Commitment Therapy, and client-centered, cognitive behavioral, psychodynamic, and/or systems interventions in her sessions. She also performs cognitive, achievement, neuropsychological, personality, and capacity assessments.

Her goal is to help others learn how to best use their personal strengths to cope with the challenges and changes that are common in daily life so that they can lead meaningful and fulfilling lives.

Call for an Appointment
(920) 657-1780



PHOENIX

Behavioral Health Services LLC

3120 Memorial Dr., Two Rivers
www.phoenixbhc.com

Phoenix Behavioral Counselor

Dr. Megan Lyons

PsyD, Licensed Clinical Psychologist

Education

Doctorate of Psychology in Clinical Psychology
Masters of Science in Clinical Psychology

Types of Therapy

Acceptance & Commitment Therapy
Client-Centered Therapy
Cognitive Behavioral Therapy
Group Therapy
Psychodynamic Therapy
Systems Interventions Therapy
Psychological Testing

Specialties

Major Life Transitions, Personal Identity
Questions, Anxiety and/or Depression
Post-traumatic Stress, Veterans' Issues
Chronic Illness, Care-taking Stress
Bereavement, Impacts of Adoption
Neurocognitive Functioning Challenges

Dr. Lyons is available for in-office visits
at the Two Rivers location as well as by way
of video conferencing (Telehealth).



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