

Phoenix Behavioral Counselor

Laura Townsend

MA, LPC



Licensed Professional Counselor Laura Townsend has a Master's Degree in Counseling and has been assisting families at Phoenix Behavioral Health Services since 2005. Laura has extensive experience

working with children, adolescents, as well as families using a variety of strategies to teach coping skills and interventions that promote health and well-being. Areas of interest include children with special needs, autism, ADHD, parenting issues, blended families and foster care families.

Laura is dedicated to helping others improve their lives through education, insight and change. Using therapeutic interventions to promote growth within the individual and the family system, Laura implements cognitive-behavioral therapy, solution-focused therapy, play therapy, as well as a variety of other therapeutic approaches to give families the tools needed to successfully manage the stress in their lives and change unproductive behaviors into positive long term solutions.

Call for an Appointment
(920) 657-1780



PHOENIX

Behavioral Health Services LLC

3120 Memorial Dr., Two Rivers

www.phoenixbhc.com

Phoenix Behavioral Counselor

Laura Townsend

MA, LPC

Education

Master of Arts in Counseling

Counseling Approaches

Cognitive-Behavioral Therapy

Behavioral Therapy

Solution-Focused Therapy

Reality Therapy

Play Therapy

Client-Centered Therapy

Competencies & Interests

Children and Adolescents

Autism

ADHD

Special Needs

Challenging Behaviors Social Skills

Parenting Issues

Blended Families

Foster Care Families



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